## FOR IMMEDIATE RELEASE

## Contact:

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## "Being Alone Sucks!": How to Transform Yourself for More Success in the Dating World – FREE Teleseminar

World's Largest Speed Dating Service Pre-Dating.com Hosts Dating Strategies
Teleseminar Series

May 12, 2011 -- In what may be a first of its kind for the singles event industry; Pre-Dating Speed Dating, the largest speed dating service in the world for busy single professionals will be holding a Free TeleSeminar: "Being Alone *Sucks*!" with Dating Coach, Motivational Speaker and Author, Adam LoDolce of UltimateSocialFreedom.com.

In this insightful seminar you will learn:

- How to Project more confidence in social interactions. The key to confidence is not learning so much what to say, but instead how to say it. Body Language controls communication.
- How to improve your dating self image (It's not necessarily what you think!) and confidence going into any dating situation.
- How to expand your social freedom: The ability to speak, feel and act like your true self
  in any social situation without the fear of rejection, criticism or failure. By becoming more
  socially free, you will be more comfortable approaching people and more interesting
  during your interactions.
- "Q&A" session from single listeners to the speaker and Event Coordinators of Pre-Dating Speed Dating.

PLUS: All Registrants (regardless of whether you can actually make the call) will receive Adam's e-book: "Social Freedom: How to be Completely Comfortable & Confident."

Registrations online: <a href="http://predatingteleseminar.eventbrite.com">http://predatingteleseminar.eventbrite.com</a>

Or call 1-877-iPreDate (1-877-477-3328)

Tuesday, May 17<sup>th</sup>, 8:30pm-9:30pm(EST)

About Pre-Dating Speed Dating, Inc.

Pre-Dating is the world's largest speed dating event company for single professionals. Attendees go on many 6-minute dates in one evening at a local upscale venue. Originally founded in 2001, Pre-Dating.com has continued to consistently hold the most speed dating events every month in over 70 cities across America. Numerous relationships and marriages have been established as a result of meeting other single professionals at these fun and exciting events. Before you Date, Pre-Date!